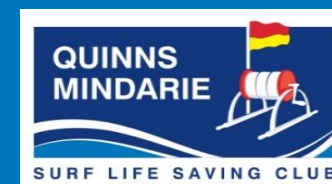


Nippers Training Calendar 2024/25



Day	Session	Time	Place	Age Group	Coaching Team	Date Commencing	Pre-requisites	What to Bring
Monday								
Tuesday	Water (Advanced Level)	5:30-6:15pm	QMSLSC/ Off campus	U10-U13	Darren Smith Paul Brownrigg Lee Kemp	TBA	Passed 2024 proficiency swim & attended 2023 carnival or states	Own board (leased or owned) Woodside Nipper Hi-vis vest, Goggles
Wednesday								
Thursday	Water (Intermediate & Advanced Levels)	5:30-6:15pm	QMSLSC/ Off campus	U8-U13	Darren Smith Paul Brownrigg Lee Kemp	24-Oct-2024	Passed 2024 proficiency swim (Beginners, Saturday sessions only)	Own board (leased or owned) Woodside Nipper Hi-vis vest, Goggles
Friday	Beach (All Levels - Beginner, Intermediate & Advanced)	5:00-6:00pm	QMSLSC	U8-U13	Bevan Johns Mark Gilhome Tristan Hall	25-Oct-2024		Water, running shoes
Saturday	Board (All Levels - Beginner, Intermediate & Advanced)	8:00-9:00am	QMSLSC	U8-U9 U10-U13	Daragh Ratcliffe Brad Fijac Tristan Hall Paul Brownrigg Lee Kemp Darren Smith	26-Oct-2024	Passed 2024 proficiency swim	Own board (leased or owned) Woodside Nipper Hi-vis vest, Goggles
Saturday	Swim (All Levels - Beginner, Intermediate & Advanced)	9:00-10:00am	QMSLSC	U8-U13	Emilia Musgrave 2nd Coach TBA	TBA	Passed 2024 proficiency swim	Woodside Nipper Hi-vis vest, Goggles